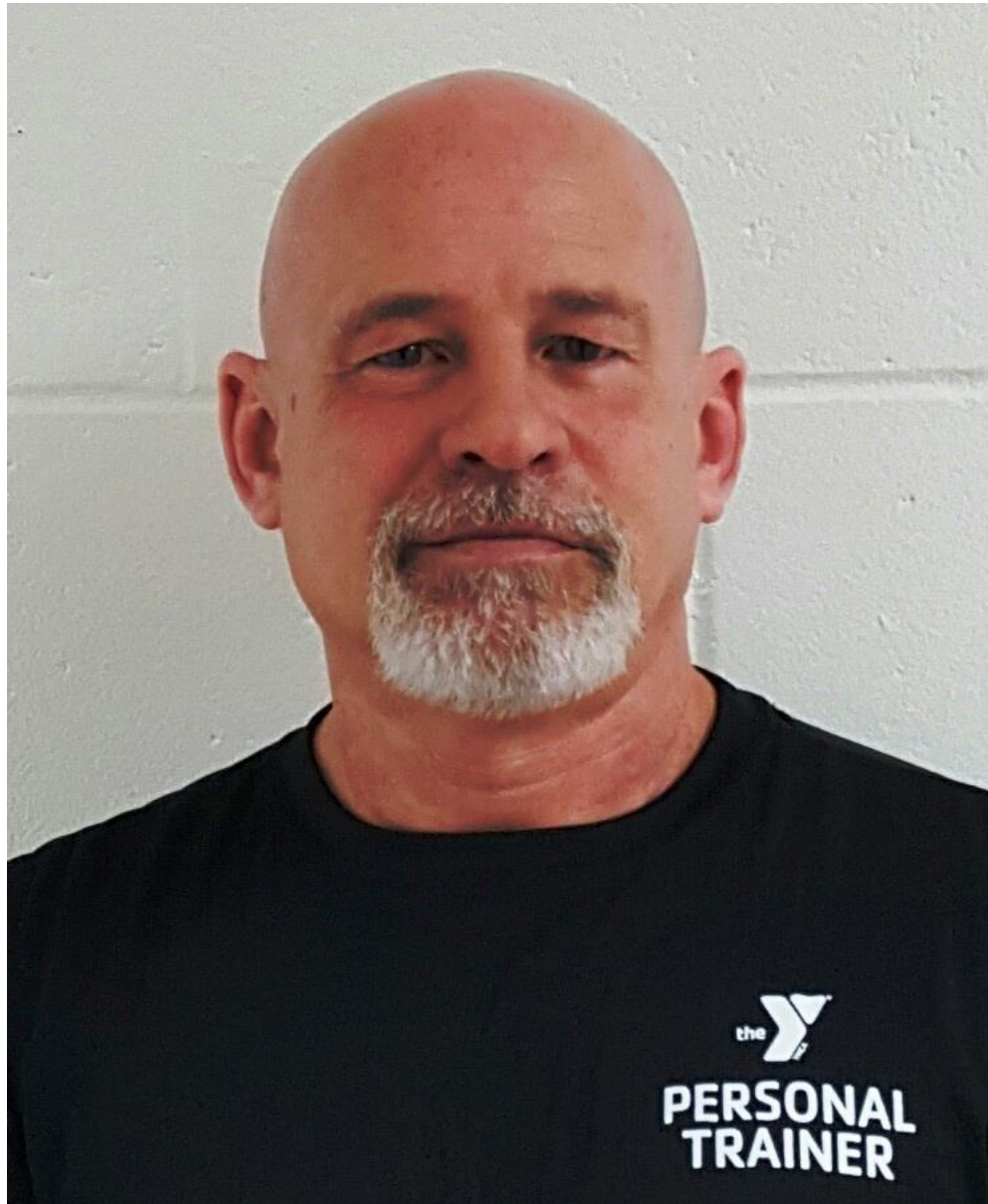


## Tom Blankenship



Thomas Blankenship is a W.I.T.S. certified personal fitness trainer who holds the phrase "Keep moving forwards" close to heart...literally! This motto has served him well while rehabilitating himself from cardiac disease and open heart surgery. As a result of these experiences, he has a passion for helping other people recover from medical issues and improving their quality of life. He enjoys hiking, riding bicycles and weight training. Tom invites you to join him in the adventure of life.