

WELCOME TO THE CHARLESTON FAMILY Y



OBEY
THE LIFEGUARD
AT ALL TIMES

Swimming permitted only
when a guard is on duty.



**CHILDREN
12 & UNDER**

MUST HAVE A GUARDIAN
IN POOL UNLESS PASSING
A SWIM TEST

Passed your swim test?

9 & UNDER MUST HAVE A GUARDIAN
ON POOL DECK
10-12 MUST HAVE A GUARDIAN
IN BUILDING



**ALWAYS
SHOWER**

BEFORE ENTERING
POOL OR WHIRLPOOL

ABSOLUTELY NO

- RUNNING
 - FIGHTING
 - SHOVING
 - PROFANITY
 - CELL PHONE USE
 - HORSEPLAY
 - THROWING OBJECTS
 - GUM
 - INFLATABLES
 - FLIP OR SPIN ENTRIES
 - BREATH HOLDING ACTIVITIES
 - HANGING ON LANE LINES
 - PERSONS UNDER 13 IN WHIRLPOOL
 - MISUSE OF EQUIPMENT
- NO DIVING -**



INFANTS

MUST WEAR APPROPRIATE
SWIM DIAPER



**APPROPRIATE
SWIM ATTIRE
REQUIRED**



**POOL
CLOSURES**

We may limit pool
use based on
proximity
of thunder
and
lighting,
or for
other
circumstances
deemed unsafe by
aquatics staff.



**PLEASE LIMIT
LAP SWIMMING
TO 30 MINUTES WHEN
OTHERS ARE WAITING**

**LANE SHARING
IS ENCOURAGED**

**O
N
L
Y**

**COAST-GUARD
APPROVED
FLOATATION DEVICES
ALLOWED**



CHILDREN

WEARING A **PFD**
MUST HAVE A GUARDIAN
WITHIN ARM'S REACH

**NO FOOD,
DRINK OR
GLASS**
EXCLUDING WATER



THE CHARLESTON FAMILY YMCA RESERVES THE RIGHT TO
MODIFY THE RULES AS NECESSARY. VIOLATION OF RULES
MAY RESULT IN LOSS OF POOL AND/OR FACILITY PRIVILEGES

BE SAFE

JUMP IN

HAVE FUN